



HEALTH HAPPENS HERE



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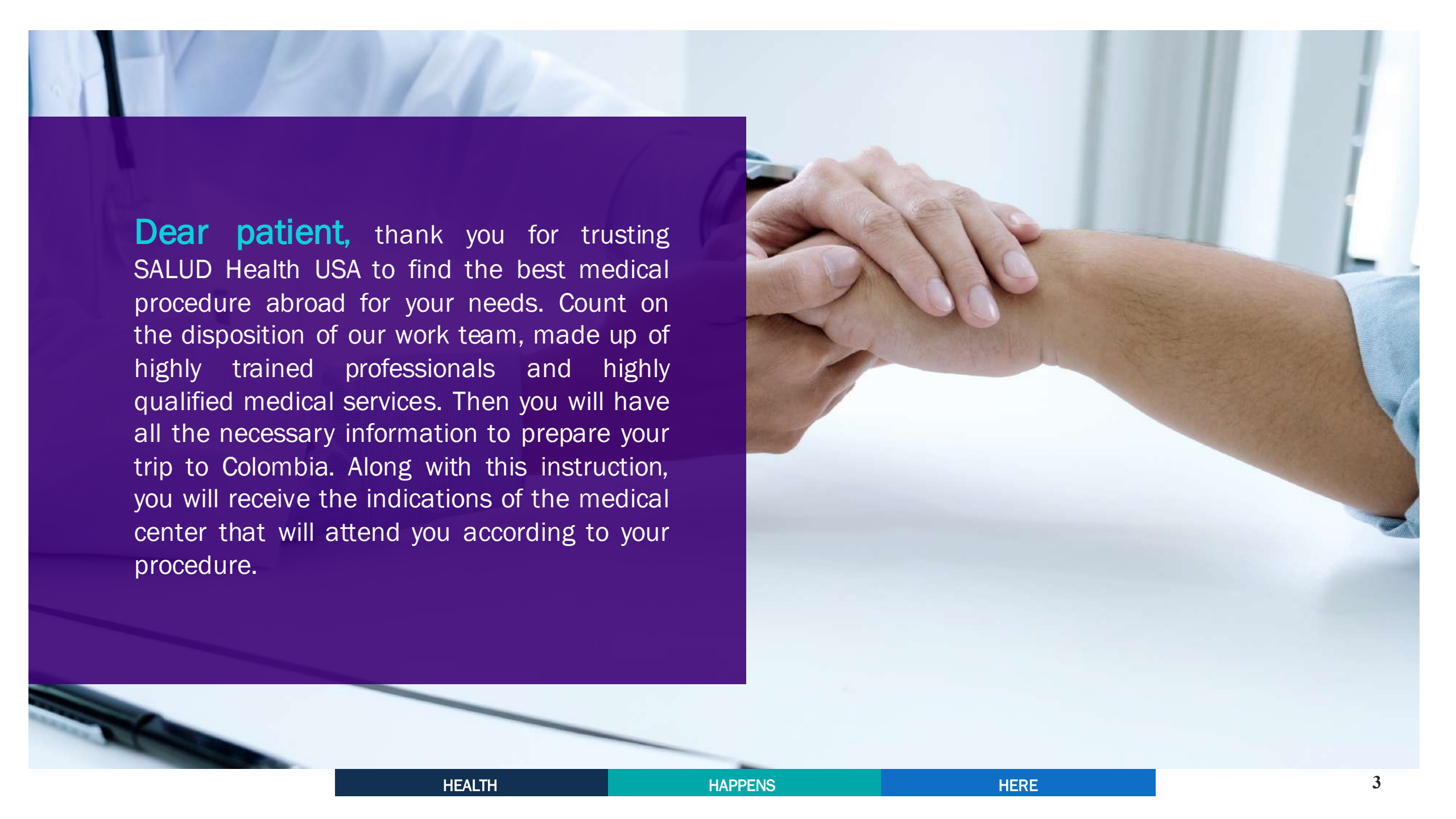


Welcome!

HEALTH

HAPPENS

HERE

A photograph of a doctor in a white coat holding a patient's arm. The doctor's hand is resting on the patient's forearm, providing support. The background is a bright, clinical setting with a window and a desk.

Dear patient, thank you for trusting SALUD Health USA to find the best medical procedure abroad for your needs. Count on the disposition of our work team, made up of highly trained professionals and highly qualified medical services. Then you will have all the necessary information to prepare your trip to Colombia. Along with this instruction, you will receive the indications of the medical center that will attend you according to your procedure.



Welcome to Bogota

You will arrive to the city of Bogotá, Colombia. It is a city of more than 8 million inhabitants, a cosmopolitan capital, full of culture and charming places. Arrive at El Dorado International Airport.

[Bogota](#) D.C. is located on a high plateau in the Northern Andes Mountains. The city is 8661 feet above sea level (2640 meters) and has a subtropical highland climate which means it is cool during the day with average temperatures of 57°F during the day and 41°F at night. Summer months can produce temperatures in excess of 70°F during the day and winter months can produce below freezing temperatures at night. On average, temperatures in the Colombian capital remain relatively stable throughout the year as compared to more seasonal countries such as the USA, Europe and Australia.

If you wish, we can coordinate transportation from the airport to the place where you will be staying; In that case, please tell your SHU advisor.

If you want to see more about Bogota please visit our website.



Bogotá, Colombia



Call Us

+01 702 581 4048 USA +57 1234567 Colombia



Email Us

info@saludhealthusa.com

PLACE OF LODGING, TRANSPORTATION AND FOOD.

We offer lodging through our preferred partners which we have negotiated special rates with:

Hotels - Apartasuites - Single family homes and apartments

Conveniently located near our providers and member hospitals.



TRANSPORTATION:

We offer airport pickup and drop off, as well as full transportation options while you are here, including hospital visits, follow up procedures, tours, etc. We have five transportation providers to fit your needs, in such categories as:

- BASIC
- Luxury
- Van's
- Security-version (for heads of state, celebrities, etc.).

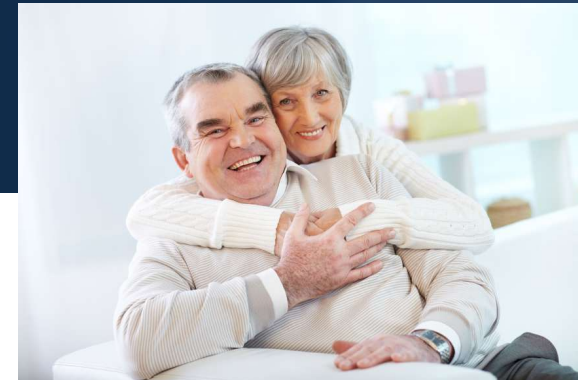


FOOD:

Most of our lodging establishments have their own restaurants and are located within restaurant-accessible areas. However, if you would rather cook your own meals, we offer accommodations with full kitchens. Concierge and transportation services are available to assist in grocery shopping. If desired, simply send us to the list of foods you would like to have stocked prior to your arrival, and we will do the shopping for you!

MEDICAL VALORATION

Once you arrive in Colombia, you will have your first appointment with the specialist. You will meet your treating doctor and his team of professionals. For this appointment, take the exams that were previously done to be analyzed by your doctor and the anesthesiologist (if required).





INSTRUCTION PRE PROCEDURE

Whatever your treatment, is of great complexity or low complexity, keep in mind the following recommendations to avoid complications and achieve a quick recovery.

- Do not smoke for two weeks prior to surgery and the next two weeks. This way we will avoid having complications during the surgery, in the same way your recovery process will be satisfactory and we will reduce the risk of infection. Avoid other people smoking near you.
- Read the recommendations on vitamins or medications that you should avoid from two weeks before the surgery.
- Do not drink alcoholic beverages or caffeine one week before the procedure.

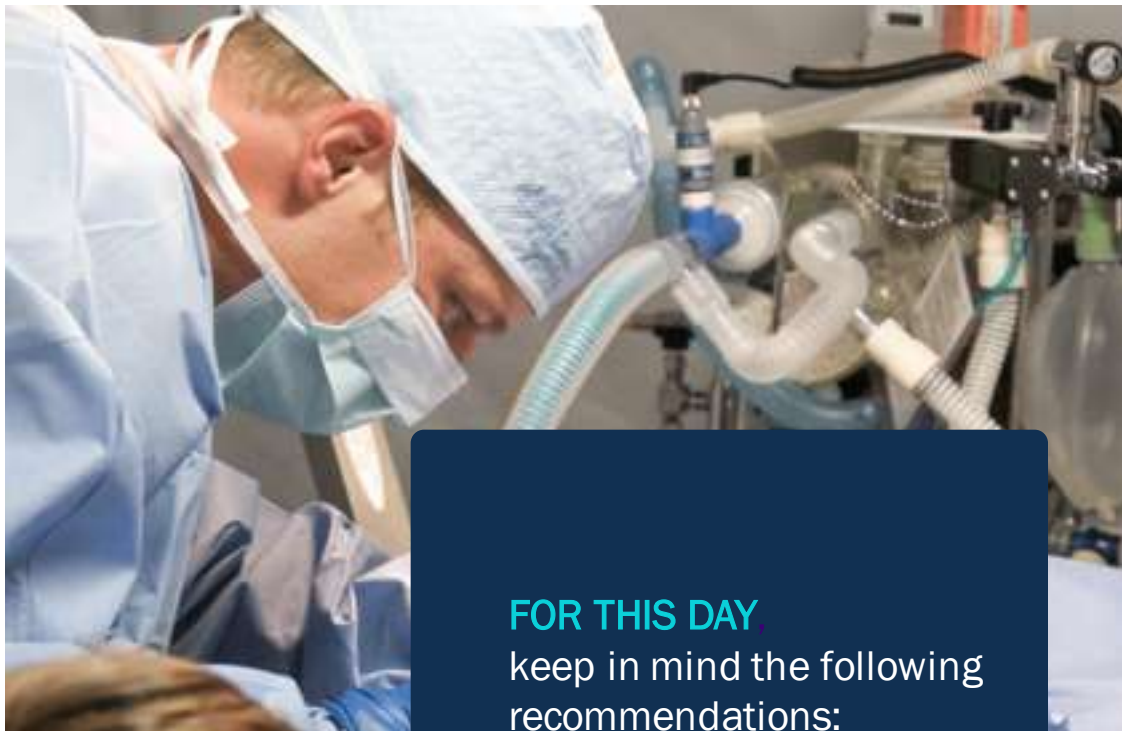


INSTRUCTION PRE PROCEDURE

- The night before and the day of the surgery, shower your body with antibacterial soap.
- If your procedure requires general anesthesia, keep in mind that you should not have eaten at least 8 hours before.
- Your specialist will give you the prescription, please comply strictly. If you require more information contact us.
- Have all day for your procedure. Do not schedule appointments or teleconferences, you must be available at any time to the clinic's schedule and to the treating doctor.



THE DAY OF PROCEDURE



FOR THIS DAY

keep in mind the following recommendations:

- Wear comfortable and light clothing. If you wear pajamas or sweatshirts, those in the middle are the easiest to change.
- Remember that you should not have eaten any minimum food eight hours before
- Hospitalization: depending on the procedure to which you were subjected, the time of your hospitalization will depend. In the same way, according to your evolution, the doctor will determine your time that is necessary. The most important thing for us is your well-being.
- If your procedure is very complex, remember that you can not leave the clinic alone. If you do not have a companion, you will have to coordinate a nurse who will accompany you at least the first 24 hours after the procedure



POST PROCEDURE

The medical center that will perform your procedure, will indicate the recommendations you must follow to have a satisfactory evolution; and the schedule of virtual and face-to-face checks depending on your case.



DEPARTURE DAY

You will be transported from the hotel to the airport and must arrive at least two hours before the departure of your flight.



POST PROCEDURE

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QUESTIONS & ANSWERS





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QUESTIONS & ANSWERS

WILL MY INSURANCE COVER THIS?

It depends upon the insurance plan you have. Our experts at Salud Health USA have over 20 year's experience working with insurance carriers to get procedures covered and claims paid.



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QUESTIONS & ANSWERS

Why don't you post prices like other websites?

The reason we don't post prices is because your health is much more than just dollars and cents. We have negotiated pricing you won't find anywhere else, but the experience is much more than that.



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QUESTIONS & ANSWERS

What about air travel ? What about accommodations ?

Other ‘facilitators’ simply quote price, and then leave you to make your own accommodations or flight arrangements. We have negotiated rates with hotel and private apartments (NOT AirBnB) to give you the best overall price on a complete package, not just the procedure itself.



QUESTIONS & ANSWERS

It's Colombia a safe place to go?

It is no secret to anyone that talking about Colombia years ago was synonymous with terrorism, drug trafficking and danger. Today things are different. Colombia has been recognized internationally for its breakthrough in security, its crime figures decrease every year and today it is seen as an economic and social miracle.

The numbers of visitors to Colombia have increased year by year. Currently 4 million foreigners visit the country for different reasons (Pleasure, business, medical tourism). Today Colombia is seen with different eyes and the world discovers the wonders of this beautiful place.



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QUESTIONS & ANSWERS

WHAT DOCUMENTS WILL I NEED TO TRAVEL ABROAD?

For your trip you only need your valid passport to leave and enter the USA again. Colombia does not require visas for American visitors. If you have any questions, contact our service team.

HOW SALUDHEALTH USA CAN HELP?

Call or Click Today!

SaludHealth USA

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info@saludhealthusa.com

